



Breakfast And Brunch

Menu

Breakfast smoothie bowl 8.00

Banana, blueberries, strawberries, coconut and cocoa blended with oats for a feel good kick start to your morning.

Topped with shaved coconut, berries and honey.

Bircher Muesli 7.00

Rolled oats soaked for 24 hours with apple, apricot, pepitas seeds, sunflower kernels, currants, coconut, cinnamon and honey. Topped with greek yoghurt, blueberries and honey.

Toasted muesli 5.00

Topped with greek yoghurt, blueberries and honey.

Add milk (full cream / hilo / soy / almond / coconut)

Banana bread * Fruit and nut bread

4.50

Honest goods co paleo breads

Apple Cinnamon / Coconut / Ginger / Banana

5.50



Pre Order only

All available toasted with butter

Toasted bagel 4.00

Toast 3.00

Additions

butter and jam

2.00

vegemite

1.00

cream cheese

2.00

smashed avocado with lime

3.00



Group Catering

Package one

9.00

A choice of any beverage on the menu paired with banana bread, muffin or Sweet Mummsa Lies slice

Package two

11.00

A choice of any beverage on the menu paired with our whole range of sweets and treats including Rawlicious and Sugarless Bakery range

Package three

Choose one of the above packages to also include the Cheezus Crust range

(Additional cost)

Classic Range 5.00

Mac Daddy Range 8.00

Holy Bagel 8.00

If you have a larger group or, would like to consider a wider choice for your group, why not consider our platters?

We have a range already created but you can also create your own so we can

best cater for your event.



Platters

Vegan/Gluten Free Platter

Including Sugarless Bakery, Bircher Muesli, Honest Goods Company breads and Rawlicious Rawballs.

From \$10 per person

Sweet Tooth Platter

Including a selection of our muffins, Mummas Sweet Lies slices and Banana Bread

From \$8 per person

Cheezus Crust Platter

Choose from the delicious toastie and bagel range from our local supplier Cheezus Crust.

Options include

- breakfast and lunch
- sweet and savoury
 - vegetarian
 - gluten free

From \$MP per person

Kids Party Platter

Including Fairy Bread, Jelly Cups and Cheezus Crust Nutella and Banana Bagels

From \$6 per child

Additional snacks can be included.

Create Your Own Platter

Want to bring your own ideas to the table? We'd love to create your ideal platter!

From \$MP per person



Supplier selections

Muffins

Blueberry / Raspberry White Chocolate / Apple Cinnamon Custard /
Lemon Curd and Raspberry / Pear and Custard / Carrot and Walnut

Additional flavours available on request

Mummas sweet Lies slices

Baked, or cold set slices, featuring a huge selection of your favourite chocolate bars.

Each week brings us a new surprise range.

Rawlicious rawballs (vegan / gf)

Pick Me Up and Go / Jaffa / Super Choc Obsession / Fig and Cacao /
Choc Mint / Chia and Walnut / Nut and Seed

Honest goods company (paleo)

Apple Cinnamon / Coconut / Ginger / Banana

Sugarless bakery

Mousses (vegan) - Cookies and Cream / Lemon and Coconut / Caramel Latte /
Peanut Butter Cup

Donuts - Strawberry Lemonade / Cookie Dough / Choc Mint / Ferraro Rocher

Slices (vegan) - Kingston / Chocolate Cranberry